Berkshire Road Running Championship Race 4 Shinfield 10K 2022 (Provisional)

	Male SENIOR	Club	Chip time
Gold	Ben Rowe	WSEH	00:35:39
Silver	Simon Bennison	Bracknell Forest Runners	00:36:12
Bronze	Brendan Russell	Reading Roadrunners	00:39:45

	Male VET M40	Club	Chip time
Gold	Keith Russell	Reading Roadrunners	00:34:50
Silver	Simon Black	Datchet Dashers	00:36:22
Bronze	James Lally	Datchet Dashers	00:36:34

	Male VET M50	Club	Chip time
Gold	Heath Bampton	Hungerford Hares	00:36:07
Silver	Bruce Poll	Bracknell AC	00:37:59
Bronze	John Daniel	Bracknell AC	00:41:23

	Male VET M60	Club	Chip time
Gold	Alan Freer	Reading Roadrunners	00:43:35
Silver	Stephen Kelleher	Finch Coasters	00:43:37
Bronze			

	Male VET M70	Club	Chip time
Gold	Anthony Curtin	Datchet Dashers	00:46:29
Silver	David Dibben	Reading Roadrunners	00:48:26
Bronze	Edward Thorpe	Reading Roadrunners	00:54:10

	Female SENIOR	Club	Chip time
Gold	Sian McBride	Bracknell Forest Runners	00:43:06
Silver	Rebecca Hall	Finch Coasters	00:45:43
Bronze			

	Female VET F35	Club	Chip time
Gold	Veronika Gill	Datchet Dashers	00:42:00
Silver	Heidi Price	Reading Joggers	00:42:47
Bronze	Emily Craggs	Newbury AC	00:45:08

	Female VET F45	Club	Chip time
Gold	Dawn Godwin	Windle valley Runners	00:41:04
Silver	Alexandra Perrior	Bracknell Forest Runners	00:47:31
Bronze	Alisa Loyal	Bracknell Forest Runners	00:50:25

	Female VET F55	Club	Chip time
Gold	Helen Bolt	Datchet Dashers	00:44:29
Silver	Jane Light	Bracknell Forest Runners	00:52:38
Bronze	Angela Thorpe	Bracknell Forest Runners	01:03:08

	Female VET F65	Club	Chip time
Gold	Judy Hicks-Davies	Reading Joggers	01:01:41
Silver	Heather Bowley	Reading Roadrunners	01:02:52
Bronze			