



# BERKSHIRE ATHLETICS

www.berkshireathletics.org.uk

**BERKSHIRE AA TRACK & FIELD CHAMPIONSHIPS**  
**SUNDAY 12TH MAY 2019**  
**PALMER PARK, READING**  
**(UNDER UKA RULES)**

Thank you for entering the above meeting. Please find enclosed a timetable of events.  
Please note the following:

1. There will be no changes to entries or late entries on the day.
2. Competitors must register and collect their numbers 45 minutes before their first event.
3. No guests are allowed in any event.
4. In Field events (except High Jump and Pole Vault) each competitor will be allowed three trials with a further three trials for the best six athletes who have gained a valid throw or jump.  
Competitors in the U13 Quadrathlon are allowed three trials in the Field events.
5. Medals will be awarded to the first three in each event. Presentations of medals will take place as soon as possible after each event.
6. If one competitor is present at an event it will be held.
7. In there are insufficient competitors for heats, a final will be held at the time scheduled for the heats.
8. If you qualify from a heat to final and withdraw from that final you must inform the Track Referee.
9. Numbers must be worn front and back in all events except High Jump and Pole Vault where one is sufficient.
10. All athletes **MUST** wear first claim affiliated Club, School, County, Territorial or National vest.
11. Athletes must report to their events as follows:  
Track: 10 minutes before the start of event. Field: 15 Minutes before the start of event.  
No warm up throws or jumps must be taken without their being an event official present.
12. For safety reasons the use of personal electronic equipment is banned from competition areas and mobile phones **MUST** be switched off.
13. Only officials, competitors and stadium staff are allowed in the competition area.

We look forward to seeing you on the day.

All enquiries should be sent to me at: [malcolm@charlish.com](mailto:malcolm@charlish.com)

Malcolm Charlish,  
T&F Championship Secretary

THE ATHLETIC ASSOCIATION FOR THE ROYAL COUNTY OF BERKSHIRE  
President: Ms Jill Wright  
Promoting Athletics in the Royal County of Berkshire