

# Aviva South East Regional SportsHall Final

## Under 13 Team Challenge & Under 15 All Rounder

Sunday 13<sup>th</sup> February 2011

Report from Conrad Rowland (Team Manager)

**The U13 teams** gave a good show of themselves - there were many 1st year U13 athletes on both the boys and the girls team and all acquitted themselves admirably. The boys came 5th and the girls came 4th overall - individually amongst the boys James Brownless (RAC) won the high jump; Jamie Barnett (SJAC) was 3rd in the shot and Morris Nganga (SJAC) was 2nd in the 4 laps and 3rd in the vertical jump.....in the girls Amy Herrington (RAC) was 2nd in the shot; Jess Gilkes (RAC) 3rd in the 2 laps.....and a real bonus and special mention should be made of Shannon Stevenson who is currently unattached but who came through on to the team via the secondary schools county final a couple of weeks ago a great effort coming 4th in the vertical jump

**U15 Boys** 3rd overall - well ahead of the 4th placed team. Individually Sam Randall (TK) won the 4 laps and the Paarlauf and was 20th in the all rounder; Joe Watson (SJAC) won the shot and was 15th= in the all rounder; Keenan Morris (RAC) won the standing long jump 15th= in the all rounder; Fraser Rose (SJAC) had a 4th=, 5th and 5th= in the individual events and came 4th overall in the all rounder as well as running with Sam to win the Paarlauf - so some good performances there. James Dash and Alex Keys (both MAC) tried really hard throughout the day but the year age group difference really did tell on both of them - I hope the experience was good for them ahead of next year. Keenan is also eligible from this team for next years' U15 team so we can hope for good things to come from the 3 of them.

**U15 Girls** A team that I have been looking forward to seeing on the day delivered as hoped for.....they worked brilliantly as a team and WON! Individually Amy Holder (RAC) was 2nd in the shot and 14th overall; Codie Burnett (TK) 2nd= in speed bounce 15th overall; Georgina Westwood (RAC) 1st 4 laps, 3rd shot 2nd overall; Katie Hannawin (RAC) 1st 2 laps, 3rd standing long jump 7th overall; Lukesha Morris (RAC) 1st vertical jump 8th overall; Laura Hindley (SJAC) 3rd 4 laps 33rd overall - with Tayla Benson (RAC) stepping into the 4 x 2 lap relay team which the girls won after having also won the 8 lap paarlauf.....it was that close with Surrey - who have seem to win this event most years - that we had to win both the Paarlauf and the relay to be sure of winning overall - and the girls were simply fantastic- not putting a foot wrong in either and with some exemplary hand offs in the relays.....first time we have had a Berkshire U15 team at the national finals.....

**The U15 Girls team along with James Brownless (RAC - U13 Boys high Jump), Sam Randall (TK - U15 Boys 4 laps) and Joe Watson (SJAC - U15 Boys Shot) will now be competing at the National Finals in Birmingham on Sunday 3rd April.**